

Addiction and Treatment in the Twenty-First Century

Workshop Overview

During the past forty years there have been radical changes in the way our society views addicts and addiction. In the 1960s and 1970s, the fields of addiction medicine and treatment scarcely existed. Even though the AMA defined drug dependency as a disease, the decade of the 1980s became the decade of criminalization. Thus, it is important to acknowledge how much has changed in addiction treatment, how relatively new the field is, and how much it can contribute in the twenty-first century. This presentation begins with a brief historical view of addiction treatment, then proposes a holistic model of treatment for the future that integrates three theoretical formulations-addiction, psychological development, and trauma-and that deals with the question of what we mean by *recovery*.

Workshop Topics

- History of addiction treatment
- Definitions of addiction
- Levels of intervention
- Theoretical integration
- Holistic health model
- Multiple levels of recovery

Workshop Objectives

- Review the history of addiction treatment
- Discuss a holistic model of treatment
- Consider the meaning of recovery in the twenty-first century