

**STEPHANIE S. COVINGTON, PH.D., L.C.S.W.**

Institute for Relational Development  
Center for Gender and Justice  
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La Jolla, California 92037  
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**PROFESSIONAL PREPARATION**

|                        |  |
|------------------------|--|
| 1979-1982              | Ph.D., Psychology<br>The Union Institute                                       |
| 1969-1970<br>1964-1965 | M.S.W., Psychiatric Social Work<br>Columbia University, School of Social Work  |
| 1963-1964              | Mangold Language Institute, Madrid, Spain<br>Alliance Francaise, Paris, France |
| 1961-1963              | B.A., Psychology (cum laude)<br>University of Southern California              |
| 1960-1961              | Pomona College   |

**PROFESSIONAL EXPERIENCE**

**Teaching**

|              |  |
|--------------|--|
| 1981-present | University of California, San Diego<br>Continuing Medical Education<br>Addiction Training Center |
| 1982-1988    | California School of Professional Psychology<br>San Diego, California<br>Addictive Behavior      |
| 1982-1984    | San Diego State University<br>San Diego, California<br>Health Science, Women's Studies           |
| 1983-1984    | Professional School of Humanistic Psychology<br>San Diego, California<br>Counseling Psychology   |
|              | United States International University<br>San Diego, California<br>Counseling Psychology         |

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| <b>Teaching</b> (con't)                           | University of Southern California<br>Los Angeles, California<br>Social Psychology   |
| 1984-2003   | University of Utah<br>Salt Lake City, Utah<br>Addiction Studies   |
| <b>Consultation</b><br>(A representative listing) | Arizona Department of Juvenile Corrections<br><i>System analysis and recommendations for gender-responsive services</i>   |
|   | Betty Ford Treatment Center, Rancho Mirage, California<br><i>Program design and institutional development</i>   |
|   | Center for Substance Abuse Prevention, Washington, D.C.<br><i>Resource and expert consultant</i>  |
|   | Center for Substance Abuse Treatment, Washington, D.C.<br><i>Resource and staff development</i><br><i>Program assessment</i><br><i>TIP workgroup chair (Women's TIP and Trauma TIP)</i> |
|   | Connecticut Women's Consortium<br><i>Development of gender-responsive services</i>  |
|   | Cook County, Illinois, Sheriff's Department<br>Department of Women's Justice Services<br><i>Program development</i>   |
|   | Correctional Services of Canada<br><i>Design of gender-responsive services</i>  |
|   | Departments of Correction and Probation, NYC<br>Department of Homeless Services, NYC<br><i>Facilitation of discharge planning process</i>   |
|   | Department of Corrections, Pennsylvania<br><i>Training and consultation</i><br><i>Program development and system analysis</i>   |
|   | Federal Bureau of Prisons, Carswell, Texas<br><i>Training and consultation</i>  |
|   | National GAINS Center for Evidence-Based Programs<br>in the Justice System<br><i>Advisory workgroup</i>   |
|   | National Institute of Corrections, Washington, D.C.<br><i>Consultant, trainer and researcher</i>  |

**Consultation** (cont.)

North Carolina Department of Mental Health  
*Trained and supervised women's program coordinators*  
*Developed and presented fifteen annual training conferences*

Oxfordshire Probation Service, Oxford, England  
*Development of a learning organization*

Personal Performance Consultants, St. Louis, Missouri  
*Trained Employee Assistance Program providers*

Pine Grove Behavioral Health, Hattiesburg, Mississippi  
*Development of the Women's Center*

Ruskin College, Oxford, England  
*Conducted addiction training seminars*

United Nations Office on Drugs and Crime, Vienna  
*Develop gender-responsive treatment report*

Young Presidents' Organization  
*Conducted programs for CEOs and spouses*

**Presentations**  
(representative listing)

Alcohol and Drug Problems Association, Chicago, IL

Alcoholism Center for Women, Los Angeles, CA

American Association of Sex Educators, Counselors, and  
Therapists, San Diego, CA; and Phoenix, AZ

American Correctional Association

American Probation and Parole Association

American Society of Criminology

Annual Women & Addiction Conference, North Carolina  
Department of Mental Health

Annual Women & Addiction Conference, South Carolina

Association of Women in Psychology Conference,  
Boston, MA; Seattle, WA; and Indianapolis, IN

Betty Ford Treatment Center, Rancho Mirage, CA

Biola University, La Mirada, CA

California Conference on Alcoholism, Pacific Grove, CA

California Guidance Association Seminar, Honolulu, HI

California State Psychological Association Conference

California Women's Commission on Alcoholism, San Diego,  
Sacramento and Asilomar, CA

Child Welfare League 2005 National Girls Initiative,  
Scottsdale, AZ

Christchurch School of Medicine, Winter School, New  
Zealand

Department of Mental Health, Guam

Edgehill Newport Foundation, Newport, RI

Ersta Hospital, Stockholm, Sweden

International Addiction Training Center, Cashel, Ireland

International Congress on Alcohol & Drug Dependence,  
Tangiers, Morocco and Calgary, Canada

International Institute on Alcoholism and Addictions,  
Belgrade, Yugoslavia; Athens, Greece; Rome, Italy

Institute for Integral Development

Mid-South Summer School, Arkansas

Monash University, Prato, Italy

National Association of Alcoholism Counselors

National Association of Social Workers

National Council on Alcoholism, Orange and  
San Diego, CA;

Phoenix, AZ; Atlanta, GA

National Women's Studies Association Conference,  
Arcata, CA

National Roundtable for Women in Prison, Washington, DC;  
New York, NY; Atlanta, GA

National Workshop on Adult and Juvenile Offenders, South  
Carolina; Minnesota; Chicago; Maine

New York Department of Parole

New York City Department of Probation

Northeast Conference on Addictions, Albany, NY

United Nations Office on Drugs and Crime, Vienna, Austria

University of California, San Diego, Medical Conferences

Western Society of Criminology

Women's Justice Alliance, NY

World Sexology Conference, Washington, DC

Young Presidents' Organization, Puerto Vallarta, Mexico

### CLINICAL PRACTICE

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|----------------|--|
| 1981– present  | Individual, Couples, and Family Therapy<br>Specializing in Chemical Dependency and Other Addictions<br>Licensed Clinical Social Worker<br>Licensed Marriage, Family, and Child Therapist |
| 1994 – present | Co-director<br>Institute for Relational Development<br>La Jolla, California  |
| 2000 – present | Co-director<br>Center for Gender and Justice<br>La Jolla, California   |

### PUBLICATIONS

*Helping Women Recover: A Program for Treating Addiction* (with a special edition for the criminal justice system). Revised edition. San Francisco: Jossey-Bass, 2008.

With Bloom. "Addressing the Mental Health Needs of Women Offenders." In R. Gido and L. Dalley, eds., *Women's Mental Health Issues Across the Criminal Justice System*. Columbus, OH: Prentice Hall, 2008.

*Women and Addiction: A Gender-Responsive Approach*. Hazelden Clinical Innovators Series. Center City, MN: Hazelden, 2007.

"The Relational Theory of Women's Psychological Development: Implications for the Criminal Justice System." In Ruth T. Zaplin, ed., *Female Offenders: Critical Perspectives and Effective Interventions, 2<sup>nd</sup> Edition*. Sudbury, MA: Jones & Bartlett Publishers, 2007.

“Women and the Criminal Justice System.” Editor’s commentary. *Women’s Health Issues*, 17(4), 2007.

“Working with Substance Abusing Mothers: A Trauma-Informed, Gender-Responsive Approach.” *The Source*. 17 (1), 2007, 1-6.

With B. Bloom. “Gender Responsive Treatment Services in Correctional Settings.” In E. Leeder, ed., *Inside and Out: Women, Prison, and Therapy*. Haworth Press, 2006. Also published as *Women and Therapy*, Vol. 29, Nos. 3/4.

With B. Bloom and B. Owen. “A Summary of Research, Practice, And Guiding Principles for Women Offenders. The Gender-Responsive Strategies Project: Approach and Findings.” *National Institute of Corrections Bulletin*, 2005.

“The *Voices* Program for Girls: Theoretical Foundations and Program Overview.” Civic Research Institute, *Women, Girls & Criminal Justice* 6 (1) (December/January, 2005).

“Self-Discovery and Empowerment: The *Voices* Program for Girls.” Civic Research Institute, *Women, Girls & Criminal Justice* 5(6) (October/November, 2004).

With B. Bloom. “Creating Gender-Responsive Services in Correctional Settings: Context and Considerations.” Paper presented at the American Society of Criminology Annual Meeting, Nashville, Tennessee, November 2004.

*Voices: A Program of Self-Discovery and Empowerment for Girls*. Carson City, NV: The Change Companies, 2004.

With A. Harrison, M. A. Jessup, & L. M. Najavits. “Weaving the Vision: Research-to-Practice Strategies for Women’s Recovery.” *The Counselor*, August 2004, Vol. 5, 57-64.

With B. Bloom, & B. Owen. “Women Offenders and Gendered Effects of Public Policy.” *Review of Policy Research* 21(1) (2004): 31-48.

*Beyond Trauma: A Healing Journey for Women*. Center City, MN: Hazelden, 2003.

With B. Bloom. “Gendered Justice: Women in the Criminal Justice System.” In B. Bloom, ed., *Gendered Justice: Addressing Female Offenders*. North Carolina: Carolina Academic Press, 2003.

With B. Bloom & B. Owen. “Gender Responsive Strategies: Research, Practice and Guiding Principles for Women Offenders.” Report prepared for the National Institute of Corrections, 2003.

“A Woman’s Journey Home: Challenges for Female Offenders.” In J. Travis and M. Waul, eds., *Prisoners Once Removed*. Washington, D.C.: The Urban Institute, 2003.

“The Journey Home: Challenges for Women Released from Prison.” Civic Research Institute, *Women, Girls and Criminal Justice* 4(4) (June/July, 2003).

*Women in Recovery: Understanding Addiction.* Carson City, NV: The Change Companies, 2002.

*Mujeres en Recuperacion: Entendiendo la Adiccion.* Carson City, NV: The Change Companies, 2002.

“Helping Women Recover: Creating Gender-Responsive Treatment.” In L. Straussner and S. Brown, eds., *Handbook of Women’s Addictions Treatment.* San Francisco: Jossey-Bass, 2002.

With B. Bloom & B. Owen. “A Theoretical Basis for Gender-Responsive Strategies in Criminal Justice.” Paper presented at the American Society of Criminology Annual Meeting, Chicago, Illinois, November 2002.

With B. Bloom. “Effective Gender-Responsive Interventions in Juvenile Justice: Addressing the Lives of Delinquent Girls.” Paper presented at the 53rd Annual Meeting of the American Society of Criminology, Atlanta, Ga., November 2001.

“Creating Gender-Responsive Programs: The Next Step for Women’s Services.” *Corrections Today*, February 2001.

With B. Bloom. “Gendered Justice: Programming for Women in Corrections Settings.” Paper presented at the 52<sup>nd</sup> Annual Meeting of the American Society of Criminology, San Francisco, Calif., November 2000.

With J. Surrey. “The Relational Model of Women’s Psychological Development: Implications for Substance Abuse.” *Work in Progress*, no. 91. Wellesley, Mass.: Stone Center, Working Paper Series, 2000.

*A Woman’s Way through the Twelve Steps Workbook.* Center City, MN: Hazelden, 2000.

“Helping Women Recover: A Comprehensive Integrated Treatment Model.” *Alcoholism Treatment Quarterly* 18(3) (2000): 99-111.

*Awakening Your Sexuality: A Guide for Recovering Women.* Center City, MN: Hazelden, 2000.

“Helping Women Recover: Creating Gender-Specific Treatment for Substance- Abusing Women and Girls in Community Corrections.” In M. McMahon, ed., *Assessment to Assistance: Programs for Women in Community Corrections.* Latham, Md.: American Correctional Association, 2000, 171-233.

“Creating Gender-Specific Treatment for Substance-Abusing Women and Girls in Community Correctional Settings.” Civic Research Institute, *Offender Programs Report* 3(3) (September/October 1999).

“Facilitating the *Helping Women Recover* Program.” Civic Research Institute, *Offender Programs Report* 3(4) (November/December 1999).

*Helping Women Recover: A Program for Treating Addiction* (with a special edition for the

criminal justice system). San Francisco: Jossey-Bass, 1999.

With B. Bloom. "Gender-Responsive Programming and Evaluation for Women in the Criminal Justice System: A Shift from *What Works?* to *What Is the Work?*" Paper presented at the 51<sup>st</sup> Annual Meeting of the American Society of Criminology, Toronto, Canada, November 1999.

With B. Bloom. "Gender-Specific Programming for Female Offenders: What Is It and Why Is It Important?" Paper presented at the 50<sup>th</sup> Annual Meeting of the American Society of Criminology, Washington, D.C., November 1998.

"The Relational Theory of Women's Psychological Development: Implications for the Criminal Justice System." Paper presented at the 50<sup>th</sup> Annual Meeting of the American Society of Criminology, Washington, D.C., November 1998.

"The Relational Theory of Women's Psychological Development: Implications for the Criminal Justice System." In Ruth T. Zaplin, ed., *Female Offenders: Critical Perspectives and Effective Interventions*. Gaithersburg, MD: Aspen Books, 1998.

"Women in Prison: Approaches in the Treatment of Our Most Invisible Population." Haworth Press, *Women and Therapy Journal* 21(1) (1998): 141-155.

With J. Surrey. "The Relational Model of Women's Psychological Development: Implications for Substance Abuse." In Sharon and Richard Wilsnack, eds., *Gender and Alcohol: Individual and Social Perspectives*. New Brunswick, N.J.: Rutgers Center of Alcohol Studies, 1997, 335-351.

"Women, Addiction, and Sexuality." In L. Straussner and E. Zelvin, eds., *Gender Issues in Addiction: Men and Women in Treatment*. Northvale, NJ: Jason Aronson, 1997.

"Women, Sex, and Recovery." *Professional Counselor*, April 1997, 27-30.

*A Woman's Way through the Twelve Steps*. Center City, MN: Hazelden, 1994.

"Sexuality and Women in Recovery." Association for Humanistic Psychology, *AHP Perspectives*, July/August 1993, 18-19.

"Alcohol, Addiction and Sexual Dysfunction." In Edith Freeman, ed., *Substance Abuse Treatment*. Thousand Oaks, CA: Sage Publications, 1993.

"Sexuality and Women in Recovery." *The Counselor*, November/December 1991, 16-18.

"Sororities of Helping and Healing: Women and Mutual Help Groups." In Paula Roth, ed., *Alcohol and Drugs are Women's Issues*. Metuchan, NJ: Scarecrow Press, 1991

With L. Beckett. *Leaving the Enchanted Forest: The Path from Relationship Addiction to Intimacy*. San Francisco: Harper San Francisco, 1988.

"Alcohol and Female Sexuality." *Alcoholism and Addiction*, May/June 1987.

"Physical, Emotional, and Sexual Abuse: Facing the Clinical Challenges of Women

Alcoholics." *Focus on Family and Chemical Dependency*, May/June 1986.

"Misconceptions about Women's Sexuality: Understanding the Influence on Alcoholism." *Focus on Family and Chemical Dependency*, March/April 1986.

With A. Clark. "Women, Drinking, and the Workplace: Part II." *The ALMACAN*, February 1986.

With A. Clark. "Women, Drinking, and the Workplace: Part I." *The ALMACAN*, January 1986.

"Alcohol and Family Violence." In *Proceedings of the 34th International Congress on Alcoholism and Drug Dependence*, Calgary, Canada, 1985.

"Sexuality and the Chemically Dependent Woman." *The 31<sup>st</sup> International Institute on the Proceedings, Prevention and Treatment of Alcoholism*, Rome, Italy, 1985.

"Nutritional Factors Affecting Alcoholism." *Anabolism*, Winter 1985.

With J. Kohen. "Women, Alcohol, & Sexuality." *Advances in Alcohol and Substance Abuse* 4 (1) (Fall 1984).

"Treatment for Women." In *Proceedings of the 30<sup>th</sup> International Institute on the Prevention and Treatment of Alcoholism*, Athens, Greece, 1984.

"Sex and Alcohol: What Do Women Tell Us?" In *Proceedings of the 33rd International Congress on Alcoholism and Drug Dependence*, Tangiers, Morocco, 1982.

"Sexual Experience, Dysfunction, and Abuse: A Descriptive Study of Alcoholic and Nonalcoholic Women." Dissertation. Ann Arbor, Mich: University Microfilms, 1982.

### **PROFESSIONAL AFFILIATIONS**

American Academy of Clinical Sexologists  
 American Association of Marriage and Family Therapy  
 American Association of Sex Educators, Counselors, and Therapists  
 American Board of Medical Psychotherapists, Diplomate  
 American Board of Sexology, Diplomate  
 American Correctional Association  
 American Public Health Association  
 American Society of Criminology  
 Association of Women in Psychology  
 International Council on Alcoholism and Addictions  
 (past chair, Women's Committee)  
 National Association of Social Workers, Diplomate

Western Society of Criminology