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Certified Training Associate Eileen Russo



EILEEN M. RUSSO, M.A., is a licensed addiction counselor, a certified clinical supervisor, and an advanced certified alcohol and drug counselor (substance use and co-occurring disorders) who has worked in the addiction and mental health field for the past 37 years. Ms. Russo also holds credentials as a relapse prevention specialist and a compassion fatigue educator. She is a Professor and Program Coordinator for the Drug and Alcohol Recovery Counselor program with Gateway Community College in New Haven, CT. For the past 17 years, she has served as a trainer/consultant with the CT Women's Consortium, the Department of Mental Health and Addiction Services, private agencies, and several states beyond Connecticut. Ms. Russo has assisted over 35 agencies/programs with developing trauma-informed programs including those who provide services for mental health and substance use disorders, employment, and criminal justice programs. Her training experience is extensive, including but not limited to, the staff of private- nonprofits, corrections, domestic violence programs and presentations at national conferences.

Ms. Russo has co-authored articles on the integration of trauma-specific services into treatment for substance use disorders and is a co-author of the curriculum *Healing Trauma+: A Brief Intervention for Women and Gender-Diverse People, Third Edition*, by Stephanie Covington. She has been a Certified Training Associate for Dr. Covington for the past 10 years.