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Institute for Relational Development
Center for Gender & Justice
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Del Mar, California 92014
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PROFESSIONAL PREPARATION

1979-1982	Ph.D., Psychology The Union Institute
1969-1970 1964-1965	M.S.W., Psychiatric Social Work Columbia University, School of Social Work
1963-1964	Mangold Language Institute, Madrid, Spain Alliance Francaise, Paris, France
1961-1963	B.A., Psychology (cum laude) University of Southern California
1960-1961	Pomona College

PROFESSIONAL EXPERIENCE

Teaching

1981-2008	University of California, San Diego Continuing Medical Education Addiction Training Center
1982-1988	California School of Professional Psychology San Diego, California Addictive Behavior
1982-1984	San Diego State University San Diego, California Health Science, Women's Studies
1983-1984	Professional School of Humanistic Psychology San Diego, California Counseling Psychology
1983-1984	United States International University San Diego, California Counseling Psychology

Teaching (cont.)	1983-1984	University of Southern California Los Angeles, California Social Psychology
	1984-2003	University of Utah Salt Lake City, Utah Addiction Studies
Consultation (representative listing)	Actveda, San Paulo, Brail	<i>Resource and consultant for juvenile justice</i>
	Arizona Department of Juvenile Corrections	<i>System analysis and recommendations for gender-responsive services</i>
	Betty Ford Treatment Center, Rancho Mirage, California	<i>Program design and institutional development</i>
	California Department of Corrections and Rehabilitation (CDCR)	<i>Development of gender-responsive and trauma-informed services</i>
	Center for Dependency, Addiction and Rehabilitation (CeDAR), Denver, CO	<i>Development of gender-responsive and trauma-informed services</i>
	Center for Substance Abuse Prevention, Washington, D.C.	<i>Resource and expert consultant</i>
	Center for Substance Abuse Treatment, Washington, D.C.	<i>Resource and staff development</i> <i>Program assessment</i> <i>TIP workgroup chair (Women's TIP and Trauma TIP)</i>
	Connecticut Women's Consortium	<i>Development of gender-responsive and trauma-informed services</i>
	Cook County, Illinois, Sheriff's Department Department of Women's Justice Services	<i>Program development</i>
	Correctional Services of Canada	<i>Design of gender-responsive and trauma-informed services</i>
	Departments of Correction and Probation, NYC Department of Homeless Services, NYC	<i>Facilitation of discharge planning process</i>
	Department of Corrections, Pennsylvania	<i>Training and consultation</i> <i>Program development and system analysis</i>

Consultation (cont.)

Drumond Street Services, Melbourne, Australia
Development of gender-responsive and trauma-informed services

Federal Bureau of Prisons, Carswell, Texas
Training and consultation

McFarland Female Community Reentry Facility, McFarland, California
Development of gender-responsive and trauma-informed services

Georgetown University Law Center
Marginalized girls advisory group

Las Colinas Detention & Reentry Facility, San Diego, California
Program design and institutional development

National Drug Research Institute/Curtin University, Perth, Australia
Development of gender-responsive program for violent women

National GAINS Center for Evidence-Based Programs in the Justice System
Advisory workgroup

National Institute of Corrections, Washington, D.C.
Consultant, trainer and researcher

North Carolina Department of Mental Health
Training and supervision women's program coordinators
Developed and presented fifteen annual training conferences

One Small Thing, London, England
Development of Becoming Trauma Informed systems change process in male and female estates

Oxfordshire Probation Service, Oxford, England
Development of a learning organization

Personal Performance Consultants, St. Louis, Missouri
Trained Employee Assistance Program providers

Pine Grove Behavioral Health, Hattiesburg, Mississippi
Development of the Women's Center

RIKK – Institute for Gender, Equality and Difference, University of Iceland
Development of gender-responsive and trauma-informed services

Ruskin College, Oxford, England
Conducted addiction training seminars

United Nations Office on Drugs and Crime, Vienna
Developed gender-responsive treatment report

Consultation (cont.)

Universität Bern, Switzerland
Development of gender-responsive and trauma-informed services

Women@Risk Coalition, London, England
Development of gender-responsive and trauma-informed services

Young Presidents' Organization
Conducted programs for CEOs and spouses

Presentations
(representative listing)

Alcohol and Drug Problems Association, Chicago, IL

Alcoholism Center for Women, Los Angeles, CA

American Association of Sex Educators, Counselors, and
 Therapists, San Diego, CA; and Phoenix, AZ

American Correctional Association

American Probation and Parole Association

American Society of Criminology

Annual Women & Addiction Conference, North Carolina
 Department of Mental Health

Annual Women & Addiction Conference, South Carolina

Association of Women in Psychology Conference,
 Boston, MA; Seattle, WA; and Indianapolis, IN

Betty Ford Treatment Center, Rancho Mirage, CA

Biola University, La Mirada, CA

California Conference on Alcoholism, Pacific Grove, CA

California Guidance Association Seminar, Honolulu, HI

California State Psychological Association Conference

California Women's Commission on Alcoholism, San Diego,
 Sacramento and Asilomar, CA

Child Welfare League 2005 National Girls Initiative, Scottsdale, AZ

Christchurch School of Medicine, Winter School, New Zealand

Presentations (cont.)

Department of Mental Health, Guam

Edgehill Newport Foundation, Newport, RI

Ersta Hospital, Stockholm, Sweden

Her Majesty's Prison Service (HMPS), United Kingdom

International Addiction Training Center, Cashel, Ireland

International Congress on Alcohol & Drug Dependence,
Tangiers, Morocco and Calgary, Canada

International Institute on Alcoholism and Addictions,
Belgrade, Yugoslavia; Athens, Greece; Rome, Italy

Mid-South Summer School, Arkansas

Ministry of Justice, Bern, Switzerland

Monash University, Prato, Italy

National Association of Alcoholism Counselors

National Association of Social Workers

National Council on Alcoholism, Orange and
San Diego, CA; Phoenix, AZ; Atlanta, GA

National Institute on Drug Abuse (NIDA), Bethesda, MD

National Women's Studies Association Conference, Arcata, CA

National Roundtable for Women in Prison, Washington, DC;
New York, NY; Atlanta, GA

National Workshop on Adult and Juvenile Offenders, South Carolina;
Minnesota; Chicago; Maine; Mississippi; Utah; Connecticut; California

New York Department of Parole

New York City Department of Probation

Northeast Conference on Addictions, Albany, NY

United Nations Office on Drugs and Crime, Vienna, Austria

University of California, San Diego, Medical Conferences

Presentations (cont.) University of Cambridge, Cambridge, United Kingdom

Western Society of Criminology

Women's Justice Alliance, NY

World Sexology Conference, Washington, DC

Young Presidents' Organization, Puerto Vallarta, Mexico

CLINICAL PRACTICE

1981– 2010 Individual, Couples, and Family Therapy
Specializing in Chemical Dependency and Other Addictions
Licensed Clinical Social Worker
Licensed Marriage, Family, and Child Therapist

1994 – present Co-director
Institute for Relational Development
Del Mar, California

2000 – present Co-director
Center for Gender & Justice
Del Mar, California

PUBLICATIONS

With L. Fischer, M. Wilson, P. Schofield, J. Jones, A. Kariminia, E. Barrett, K. Dean, E. Sullivan, and T. Butler. “Exposure to Childhood Adversity and Intimate Partner Violence in a Sample of Incarcerated Women in Australia.” *International Journal of Offender Therapy and Comparative Criminology*, under review.

Hidden Healers: The Unexpected Ways Women in Prison Help Each Other Survive. Del Mar, CA: Center for Gender & Justice, 2023.

With G. Fedock. “Strengths-Based Approaches to the Treatment of Incarcerated Women and Girls.” *Facilitating Desistance from Aggression and Crime: Theory, Research, and Strength-Based Practices.* Edited by C. Langton and J. Worling. United Kingdom: Wiley Blackwell, 2022.

“Creating a Trauma-Informed Justice System for Women.” *The Wiley Handbook on What Works with Girls and Women in Conflict with the Law: A Critical Review of Theory, Practice, and Policy.* Edited by L. Gelsthorpe & S. Brown. United Kingdom: John Wiley & Sons Ltd, 2022.

With D. Griffin and R. Dauer. *Helping Men Recover: A Program for Treating Addiction* (with a special edition for the criminal justice system). San Francisco, CA: Jossey-Bass, 2011, rev. 2022.

With E. Russo. *Healing Trauma+: A Brief Intervention for Women and Gender-Diverse People*. Center City, MN: Hazelden, 2021.

With S. Pugh and R. Rodriguez. *Exploring Trauma+: A Brief Intervention for Men and Gender-Diverse People*. Center City, MN: Hazelden, 2021.

With Tolou-Shams, M., Dauria, E.F., Folk, J., Shumway, M., Marshall, B.D.L., Rizzo, C.J., Messina, N., Haack L.M., Chaffee T., Brown L.K. "VOICES: An Efficacious Trauma-informed, Gender-responsive Cannabis use Intervention for Justice and School-referred Girls with Lifetime Substance use History." *Drug and Alcohol Dependence*, DOI: <https://doi.org/10.1016/j.drugalcdep.2021.108934>, 2021.

With Rodriguez, R. *A Young Man's Guide to Self-Mastery*. Hoboken, NJ: John Wiley & Sons, Inc., 2021.

Becoming Trauma Informed: Focus on Youth (United States edition). Del Mar, CA: Center for Gender & Justice, 2020.

Becoming Trauma Informed: A Training Program for Correctional Professionals (men and women's version) (United States edition). Del Mar, CA: Center for Gender & Justice, 2020.

Becoming Trauma Informed: Working with Women and Men in the Community (men and women's version) (United Kingdom edition). Del Mar, CA: Center for Gender & Justice, 2020.

With N. Messina and B. Bloom. "Gender-Responsive Approaches for Women in the United States." In *Routledge Companion to Rehabilitative Work in Criminal Justice*, pgs 633-650. Edited by P. Ugwu-dike, H. Graham, F. McNeill, P. Raynor, F. Taxman and C. Totter. London, England: Routledge, September 2019.

With G. Fedock. "Theoretical Models of Female Violent Offending." *The SAGE Encyclopedia of Criminal Psychology*. Edited by R. Morgan. Thousand Oaks, CA: Sage Publications, Inc., August 2019.

Helping Women Recover: A Program for Treating Addiction (with a special edition for the criminal justice system). San Francisco: Jossey-Bass, 1999, rev. 2008, and 2019.

Becoming Trauma Informed: Working with Women in Correctional Settings (United States edition). Del Mar, CA: Center for Gender & Justice, 2012, rev. 2018.

Becoming Trauma Informed: A Training Programme for Criminal Justice Professionals (women's version) (United Kingdom edition). Del Mar, CA: Center for Gender & Justice, 2015, rev. 2018.

Becoming Trauma Informed: A Training Programme for Criminal Justice Professionals (men's version) (United Kingdom edition). Del Mar, CA: Center for Gender & Justice, 2018.

With S. Bloom. *Moving from Trauma-Informed to Trauma-Responsive: A Training Program for Organizational Change*. Center City, MN: Hazelden, 2018.

With K. Selvaggi and T. Rothschild. Foreword to *Trauma-Informed Empowerment Reinforcement (TIER) System for Girls*. Author, 2012, rev. 2018.

With G. Fedock. "Correctional Programming and Gender." In *Oxford Encyclopedia of Criminology*. New York: Oxford University Press, DOI 10.1093/acrefore/9780190264079.013.89, December 2017.

With S. Kubiak and C. Hillier. "Trauma-Informed Corrections." In Springer, D. & Roberts, A. (editors). *Social Work in Juvenile and Criminal Justice System, 4th edition*. Springfield, IL: Charles C. Thomas, 2017.

With K. Covington and M. Covington. *Voices: A Program of Self-Discovery and Empowerment for Girls*. Carson City, NV: The Change Companies, 2004, rev. 2017.

Beyond Trauma: A Healing Journey for Women. Center City, MN: Hazelden, 2003, rev. 2016.

With E. Russo. *Healing Trauma: A Brief Intervention for Women CD-Rom*. Center City, MN: Hazelden, 2011, rev. 2016.

With R. Rodriguez. *Exploring Trauma: A Brief Intervention for Men CD-Rom*. Center City, MN: Hazelden, 2016.

With S. Krammer, Y. Linder, M. Peper and D. Klecha. "Trauma and Mental Health in Respect of Detained Women in Switzerland." *Swiss Journal of Criminology*, ISSN 1660-2501. Bern, Switzerland, September 2015.

With G. Fedock. "Beyond Violence: Women in Prison Find Meaning, Hope, and Healing." *Trauma Matters*. Connecticut Women's Consortium and the Connecticut Department of Mental Health and Addiction Services in support of the Connecticut Trauma Initiative, Fall 2015.

"Becoming Trauma Informed: A Core Element in Women's Treatment." (August 2015). *Counselor Magazine*. Deerfield Beach, Florida, August 2015.

"Creating Gender-Responsive and Trauma-Informed Services for Women in the Justice System." *Magistrate*, Volume 70, Number 5, Pgs 2-3. London, United Kingdom: The Magistrates' Association, October/November 2014.

Beyond Anger and Violence: A Program for Women. Hoboken, NJ: John Wiley & Sons, Inc., 2014.

"Chapter IV: Understanding and Applying Gender Differences in Recovery." In United Nations Interregional Crime and Justice Research Institute (UNICRI) (Eds.), *Dawn Drug Alcohol Woman Network: Promoting a Gender-Responsive Approach to Drug Addiction (a Collection of Good Practices)*. Turin, Italy: Author, December 2013.

Beyond Violence: A Prevention Program for Criminal Justice-Involved Women. Hoboken, NJ: John Wiley & Sons, Inc., 2013.

"Curricula to Support Trauma-Informed Practice with Women". In N. Poole & L. Greaves (Eds), *Becoming Trauma Informed*. Toronto, Ontario, Canada: Centre for Addiction and Mental Health (CAMH), 2012.

Becoming Trauma Informed: A Training Program for Correctional Professionals (women's version) (Canadian edition). Del Mar, CA: Center for Gender & Justice, 2012.

La Mujer Y Su Practica de los Doce Pasos. (A Woman's Way through the Twelve Steps book in Spanish). Center City, MN: Hazelden, 2010.

Libro de Ejercicios. (A Woman's Way through the Twelve Steps workbook in Spanish). Center City, MN: Hazelden, 2010.

A Woman's Way through the Twelve Steps, Facilitator's Guide and DVD. Center City, MN: Hazelden, 2009.

"Women and Addiction: A Trauma-Informed Approach." *Journal of Psychoactive Drugs*, SARC Supplement 5, November 2008, 377-385.

With C. Burke, S. Keaton and C. Norcott, "Evaluation of a Trauma-Informed and Gender-Responsive Intervention for Women in Drug Treatment." *Journal of Psychoactive Drugs*, SARC Supplement 5, November 2008, 387-398.

With Bloom. "Addressing the Mental Health Needs of Women Offenders." In R. Gido and L. Dalley, eds., *Women's Mental Health Issues Across the Criminal Justice System*. Columbus, OH: Prentice Hall, 2008, 160-176.

"The Relational Theory of Women's Psychological Development: Implications for the Criminal Justice System." In Ruth T. Zaplin, ed., *Female Offenders: Critical Perspectives and Effective Interventions*, 2nd Edition. Sudbury, MA: Jones & Bartlett Publishers, 2008.

Women and Addiction: A Gender-Responsive Approach. Hazelden Clinical Innovators Series. Center City, MN: Hazelden, 2007.

"Women and the Criminal Justice System." Editor's commentary. *Women's Health Issues*, 17(4), 2007.

"Working with Substance Abusing Mothers: A Trauma-Informed, Gender-Responsive Approach." *The Source*. 17 (1), 2007, 1-6.

With B. Bloom. "Gender Responsive Treatment Services in Correctional Settings." In E. Leeder, ed., *Inside and Out: Women, Prison, and Therapy*. Haworth Press, 2006, pp. 9-33. Also co-published simultaneously as *Women and Therapy*, Vol. 29, Nos. 3/4, October 2006, pp. 9-33.

With B. Bloom and B. Owen. "A Summary of Research, Practice, and Guiding Principles for Women Offenders. The Gender-Responsive Strategies Project: Approach and Findings." National Institute of Corrections Bulletin, 2005.

"The Voices Program for Girls: Theoretical Foundations and Program Overview." Civic Research Institute, *Women, Girls & Criminal Justice* 6 (1) (December/January, 2005).

"Self-Discovery and Empowerment: The Voices Program for Girls." Civic Research Institute, *Women, Girls & Criminal Justice* 5(6) (October/November, 2004).

With B. Bloom. "Creating Gender-Responsive Services in Correctional Settings: Context and Considerations." Paper presented at the American Society of Criminology Annual Meeting, Nashville, Tennessee, November 2004.

With A. Harrison, M. A. Jessup, & L. M. Najavits. "Weaving the Vision: Research-to-Practice Strategies for Women's Recovery." *The Counselor*, August 2004, Vol. 5, 57-64.

With B. Bloom, & B. Owen. "Women Offenders and Gendered Effects of Public Policy." *Review of Policy Research* 21(1) (2004): 31-48.

With B. Bloom. "Gendered Justice: Women in the Criminal Justice System." In B. Bloom, ed., *Gendered Justice: Addressing Female Offenders*. North Carolina: Carolina Academic Press, 2003.

With B. Bloom & B. Owen. "Gender Responsive Strategies: Research, Practice and Guiding Principles for Women Offenders." Report prepared for the National Institute of Corrections, 2003.

"A Woman's Journey Home: Challenges for Female Offenders." In J. Travis and M. Waul, eds., *Prisoners Once Removed*. Washington, D.C.: The Urban Institute, 2003.

"The Journey Home: Challenges for Women Released from Prison." Civic Research Institute, *Women, Girls and Criminal Justice* 4(4) (June/July, 2003).

Women in Recovery: Understanding Addiction. Carson City, NV: The Change Companies, 2002.

Mujeres en Recuperacion: Entendiendo la Adiccion. Carson City, NV: The Change Companies, 2002.

"Helping Women Recover: Creating Gender-Responsive Treatment." In L. Straussner and S. Brown, eds., *Handbook of Women's Addictions Treatment*. San Francisco: Jossey-Bass, 2002.

With B. Bloom & B. Owen. "A Theoretical Basis for Gender-Responsive Strategies in Criminal Justice." Paper presented at the American Society of Criminology Annual Meeting, Chicago, Illinois, November 2002.

With B. Bloom. "Effective Gender-Responsive Interventions in Juvenile Justice: Addressing the Lives of Delinquent Girls." Paper presented at the 53rd Annual Meeting of the American Society of Criminology, Atlanta, Ga., November 2001.

"Creating Gender-Responsive Programs: The Next Step for Women's Services." *Corrections Today*, February 2001.

With B. Bloom. "Gendered Justice: Programming for Women in Corrections Settings." Paper presented at the 52nd Annual Meeting of the American Society of Criminology, San Francisco, Calif., November 2000.

With J. Surrey. "The Relational Model of Women's Psychological Development: Implications for Substance Abuse." *Work in Progress*, no. 91. Wellesley, Mass.: Stone Center, Working Paper Series, 2000.

A Woman's Way through the Twelve Steps Workbook. Center City, MN: Hazelden, 2000.

"Helping Women Recover: A Comprehensive Integrated Treatment Model." *Alcoholism Treatment Quarterly* 18(3) (2000): 99-111.

Awakening Your Sexuality: A Guide for Recovering Women. Center City, MN: Hazelden, 2000.

"Helping Women Recover: Creating Gender-Specific Treatment for Substance-Abusing Women and Girls in Community Corrections." In M. McMahon, ed., *Assessment to Assistance: Programs for Women in Community Corrections*. Latham, Md.: American Correctional Association, 2000, 171-233.

"Creating Gender-Specific Treatment for Substance-Abusing Women and Girls in Community Correctional Settings." Civic Research Institute, *Offender Programs Report* 3(3) (September/October 1999).

"Facilitating the *Helping Women Recover* Program." Civic Research Institute, *Offender Programs Report* 3(4) (November/December 1999).

With B. Bloom. "Gender-Responsive Programming and Evaluation for Women in the Criminal Justice System: A Shift from *What Works?* to *What Is the Work?*" Paper presented at the 51st Annual Meeting of the American Society of Criminology, Toronto, Canada, November 1999.

With B. Bloom. "Gender-Specific Programming for Female Offenders: What Is It and Why Is It Important?" Paper presented at the 50th Annual Meeting of the American Society of Criminology, Washington, D.C., November 1998.

"The Relational Theory of Women's Psychological Development: Implications for the Criminal Justice System." Paper presented at the 50th Annual Meeting of the American Society of Criminology, Washington, D.C., November 1998.

"The Relational Theory of Women's Psychological Development: Implications for the Criminal Justice System." In Ruth T. Zaplin, ed., *Female Offenders: Critical Perspectives and Effective Interventions*. Gaithersburg, MD: Aspen Books, 1998.

"Women in Prison: Approaches in the Treatment of Our Most Invisible Population." Haworth Press, *Women and Therapy Journal* 21(1) (1998): 141-155.

With J. Surrey. "The Relational Model of Women's Psychological Development: Implications for Substance Abuse." In Sharon and Richard Wilsnack, eds., *Gender and Alcohol: Individual and Social Perspectives*. New Brunswick, N.J.: Rutgers Center of Alcohol Studies, 1997, 335-351.

"Women, Addiction, and Sexuality." In L. Straussner and E. Zelvin, eds., *Gender Issues in Addiction: Men and Women in Treatment*. Northvale, NJ: Jason Aronson, 1997.

"Women, Sex, and Recovery." *Professional Counselor*, April 1997, 27-30.

A Woman's Way through the Twelve Steps. Center City, MN: Hazelden, 1994.

"Sexuality and Women in Recovery." Association for Humanistic Psychology, *AHP Perspectives*, July/August 1993, 18-19.

"Alcohol, Addiction and Sexual Dysfunction." In Edith Freeman, ed., *Substance Abuse Treatment*. Thousand Oaks, CA: Sage Publications, 1993.

"Sexuality and Women in Recovery." *The Counselor*, November/December 1991, 16-18.

"Sororities of Helping and Healing: Women and Mutual Help Groups." In Paula Roth, ed., *Alcohol and Drugs are Women's Issues*. Metuchan, NJ: Scarecrow Press, 1991

With L. Beckett. *Leaving the Enchanted Forest: The Path from Relationship Addiction to Intimacy*. San Francisco: Harper San Francisco, 1988.

"Alcohol and Female Sexuality." *Alcoholism and Addiction*, May/June 1987.

"Physical, Emotional, and Sexual Abuse: Facing the Clinical Challenges of Women Alcoholics." *Focus on Family and Chemical Dependency*, May/June 1986.

"Misconceptions about Women's Sexuality: Understanding the Influence on Alcoholism." *Focus on Family and Chemical Dependency*, March/April 1986.

With A. Clark. "Women, Drinking, and the Workplace: Part II." *The ALMACAN*, February 1986.

With A. Clark. "Women, Drinking, and the Workplace: Part I." *The ALMACAN*, January 1986.

"Alcohol and Family Violence." In *Proceedings of the 34th International Congress on Alcoholism and Drug Dependence*, Calgary, Canada, 1985.

"Sexuality and the Chemically Dependent Woman." *The 31st International Institute on the Proceedings, Prevention and Treatment of Alcoholism*, Rome, Italy, 1985.

"Nutritional Factors Affecting Alcoholism." *Anabolism*, Winter 1985.

With J. Kohen. "Women, Alcohol, & Sexuality." *Advances in Alcohol and Substance Abuse* 4 (1) (Fall 1984).

"Treatment for Women." In *Proceedings of the 30th International Institute on the Prevention and Treatment of Alcoholism*, Athens, Greece, 1984.

"Sex and Alcohol: What Do Women Tell Us?" In *Proceedings of the 33rd International Congress on Alcoholism and Drug Dependence*, Tangiers, Morocco, 1982.

"Sexual Experience, Dysfunction, and Abuse: A Descriptive Study of Alcoholic and Nonalcoholic Women." Dissertation. Ann Arbor, Mich: University Microfilms, 1982.

PROFESSIONAL AFFILIATIONS

Advisory Council for Women's Services, SAMHSA
 American Association of Marriage and Family Therapy
 American Board of Medical Psychotherapists, Diplomate
 American Board of Sexology, Diplomate
 American Correctional Association
 American Psychological Association
 American Society of Criminology
 Association of Women in Psychology
 International Council on Alcoholism and Addictions
 (past chair, Women's Committee)
 National Association of Social Workers, Diplomate
 Western Society of Criminology