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Certified Training Associate

Amy Myers



Amy Joy Myers, LCSW | IMH-E® is a Licensed Clinical Social Worker in New Haven, Connecticut. Throughout her 25+ year career, Amy has worked with adults with intellectual and development disabilities, adults with HIV/AIDS, parents with substance use disorders, and women in carceral settings. Presently, Amy is an Assistant Clinical Professor of Social Work at the Yale Child Study Center where she is a senior consultant for the Family-Based Recovery (FBR) Model. FBR integrates an attachment-based parent-child therapeutic approach with contingency management substance use treatment, trauma informed psychotherapy and case management services. The purpose of this home-based treatment is to ensure that children develop optimally in substance-free, safe and stable homes with their parent/s.

Amy finds meaning in her work by seeing things through attachment and relational lenses. The connecting theme across sectors that draws Amy to Social Work and community services is the transformative impact of secure relationships. She is a Clinical Infant Mental Health Mentor endorsed by The Connecticut Association for Infant Mental Health. This is a professional achievement that highlights a specialization in infancy and early childhood mental health, as well as parent-child relationships.

Amy spent approximately four years co-facilitating *Healing Trauma* groups in the York Correctional Institution, Connecticut's only state prison for women, before becoming a Covington Certified Trainer.

Amy has a B.A in Psychology from the University of Connecticut and an MSW from Fordham University.